

303 Perimeter Center North,  
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(404) 496-8070  
AtlantaCoupleTherapy.com



**Full Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

## **Couples Intake Questionnaire**

- 1. What is the problem that led you to decide to come to couples therapy?**
  
  
  
  
  
  
  
  
  
  
- 2. How long have you and your partner been together? In what form (e.g., dating, living together, married)?**
  
  
  
  
  
  
  
  
  
  
- 3. What initially attracted you to your partner?**
  
  
  
  
  
  
  
  
  
  
- 4. What was the beginning of your relationship like and how long did this phase last?**

**5. How long has it been since things were good between the two of you? What caused things to go downhill after that?**

**6. How are the two of you similar and how are you different?**

**7. What do you do when there is conflict between the two of you? What does your partner do?**

**8. What strengths and weaknesses do you have in resolving conflict? What would you say are your partner's strengths and weaknesses in resolving conflict?**

**9. On a scale of 1 to 10, how open are you in expressing your innermost feelings, desires and thoughts to your partner (1 = totally closed and 10 = totally open)?**

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**10. What is the area of topic that it is most difficult for you to open with your partner about? Why?**

**11. When you could use support or encouragement from your partner, do you get it? How? When your partner wants support or encouragement from you do you feel that you give it? How?**

**12. Describe your sexual relationship. What do you find most satisfying about it? What don't you like about it? How has your sexual relationship changed since you were first together?**

**13. When do you feel most content in your relationship? When do you feel most unhappy or frustrated?**

**14. On a scale of 1 to 10, describe your level of commitment to your relationship (1 = not at all, 10 = extremely). Explain your rating.**

**15. On a scale of 1 to 10, how much do you still love your partner (1 = not at all, 10 = very deeply)? Explain your rating.**

**16. On a scale of 1 to 10, how much do you respect your partner (1 = not at all, 10 = very highly)? What is it about them that creates this level of respect in you?**

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**17. What role have you played in contributing to the problems in your relationship; what tendencies do you have and what actions have you taken that have helped create or have added to the difficulties between you two?**